

śrīḥ
śrīmatē rāmānujāya namaḥ
śrīmatē nigamāntamahādēśikāya namaḥ

śrīmadbhāgavatē uddhavagītāsu
॥ *navamō'dhyāyaḥ* ॥

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Sunder Kidāmbi

with the blessings of

śrī raṅgarāmānuja mahādēśikan

His Holiness śrīmad āṇḍavan śrīraṅgam

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śrīuddhava uvāca

vadanti kṛṣṇa śrēyāṃsi bahūni brahmavādināḥ |
tēṣāṃ vikalpapaprādhānyamutāhō ēkamukhyatā || 9.1 ||

bhavatōdāhṛtaḥ svāmin bhaktiyōgō'napēkṣitaḥ |
nirasya sarvataḥ saṅgaṃ yēna tvayyāviśēnmanaḥ || 9.2 ||

śrībhagavānuvāca

kālēna naṣṭā pralayē vāṇīyaṃ vēdasañjñitā |
mayā'dau brahmaṇē prōktā dharmō yasyāṃ madātmakaḥ || 9.3 ||

tēna prōktā ca putrāya manavē pūrvajāya sā |
tatō bhṛgvādayō'grhṇan sapta brahmamaharṣayaḥ || 9.4 ||

tēbhyaḥ pitṛbhyastatputrā dēvadānavaguhyakāḥ |
manuṣyāḥ siddhagandharvāḥ savidyādharaacāraṇāḥ || 9.5 ||

kiṃdēvāḥ kinnarā nāgā rakṣaḥkiṃpuruṣādayaḥ |
bahvyastēṣāṃ prakṛtayō rajaḥsattvatamōbhuvāḥ || 9.6 ||

yābhirbhūtāni bhidyantē bhūtānāṃ matayastathā |
yathāprakṛti sarvēṣāṃ citrā vācaḥ sravanti hi || 9.7 ||

ēvaṃ prakṛtivaicitryād bhidyantē matayō nṛṇām |
pāramparyēṇa kēṣāñcit pākhaṇḍamatayō'parē || 9.8 ||

manmāyāmōhitadhiyaḥ puruṣāḥ puruṣarṣabha |
śrēyō vadantyanēkāntaṃ yathākarma yathāruci || 9.9 ||

dharmamēkē yaśaścānyē kāmaṃ satyaṃ damaṃ śamam |
anyē vadanti svārthaṃ vā aiśvaryaṃ tyāgabhōjanam || 9.10 ||

kēcid yajñatapōdānaṃ vratāni niyamān yamān |
ādyantavanta ēvaiṣāṃ lōkāḥ karmavinirmitāḥ |
duḥkhōdarkāstamōniṣṭhāḥ kṣudrānandāḥ śucārpitāḥ || 9.11 ||

mayyarpitātmanaḥ sabhya nirapēkṣasya sarvataḥ |
mayā'tmanā sukhaṃ yattat kutaḥ syād viṣayātmanām || 9.12 ||

akiñcanasya dāntasya śāntasya samacētasah |
mayā santuṣṭamanasaḥ sarvāḥ sukhamayā diśah || 9.13 ||

na pāramēṣṭhyaṃ na mahēndradhiṣṇyaṃ
na sārvaabhaumaṃ na rasādhipatyam |
na yōgasiddhīrapunarbhavaṃ vā
mayyarpitātmēcchatī madvinānyat || 9.14 ||

na tathā mē priyatama ātmayōnirna śaṅkaraḥ |
na ca saṅkarṣaṇō na śrīrnaivātmā ca yathā bhavān || 9.15 ||

nirapēkṣaṃ muniṃ śāntaṃ nirvairaṃ samadarśanam |
anuvrajāmyahaṃ nityaṃ pūyēyētyaṅghrirēṇubhiḥ || 9.16 ||

niṣkiñcanā mayyanuraktacētasah
śāntā mahāntō'khilajīvavatsalāḥ |
kāmairanālabdhadhiyō juṣanti yat
tannairapēkṣyaṃ na viduḥ sukhaṃ mama || 9.17 ||

bādhyamānō'pi madbhaktō viṣayairajitēndriyaḥ |
prāyaḥ pragalbhayā bhaktyā viṣayairnābhibhūyatē || 9.18 ||

yathāgniḥ susamṛddhārciḥ karōtyēdhāṃsi bhasmasāt |
tathā madviṣayā bhaktiruddhavaināṃsi kṛtsnaśaḥ || 9.19 ||

na sādhayati māṃ yōgō na sāṅkhyam dharma uddhava |
na svādhyāyastapastyāgō yathā bhaktirmamōrjitā || 9.20 ||

bhaktyāhamēkayā grāhyaḥ śraddhayā'tmā priyaḥ satām |
bhaktiḥ punāti manniṣṭhā śvapākānapi sambhavāt || 9.21 ||

dharmāḥ satyadayōpētō vidyā vā tapasānvitā |
madbhaktyāpētamātmānam na samyak prapunāti hi || 9.22 ||

katham vinā rōmaharṣam dravatā cētasā vinā |
vinā'nandāśrukalayā śudhyēd bhaktyā vinā'sayaḥ || 9.23 ||

vāg gadgadā dravatē yasya cittam
rudatyabhīkṣṇam hasati kvacicca |
vilajja udgāyati nr̥tyatē ca
madbhaktiyuktō bhuvanam punāti || 9.24 ||

yathāgninā hēma malam jahāti
dhmātam punaḥ svam bhajatē ca rūpam |
ātmā ca karmānuśayam vidhūya
madbhaktiyōgēna bhajatyathō mām || 9.25 ||

yathā yathā'tmā parimṛjyatē'sau
matpuṇyagāthāśravaṇābhidhānaiḥ |

tathā tathā paśyati vastu sūkṣmaṃ
cakṣuryathaivāñjanasamprayuktam || 9.26 ||

viṣayān dhyāyataścittaṃ viṣayēṣu viṣajjatē |
māmanusmarataścittaṃ mayyēva pravilīyatē || 9.27 ||

tasmādasadabhidhyānaṃ yathā svapnamanōratham |
hitvā mayi samādhatsva manō madbhāvabhāvitam || 9.28 ||

strīṇāṃ strīsaṅgināṃ saṅgaṃ tyaktvā dūrata ātmavān |
kṣēmē vivikta āsīnaścintayēnmāmatandritaḥ || 9.29 ||

na tathāsyā bhavēt klēśō bandhaścānyaprasaṅgataḥ |
yōṣitsaṅgād yathā puṃsō yathā tatsaṅgisaṅgataḥ || 9.30 ||

śrīuddhava uvāca
yathā tvāmaravindākṣa yādṛśaṃ vā yadātmakam |
dhyāyēnmumukṣurētanmē dhyānaṃ tvaṃ vaktumarhasi || 9.31 ||

śrībhagavānuvāca
sama āsana āsinaḥ samakāyō yathāsukham |
hastāvutsaṅga ādhāya svanāsāgrakṛtēkṣaṇaḥ || 9.32 ||

prāṇasya śōdhayēnmārgaṃ pūrakumbhakarēcakaiḥ |
viparyayēṇāpi śanairabhyasēnnirjitēndriyaḥ || 9.33 ||

hṛdyavicchinnamōṅkāraṃ ghaṇṭānādaṃ bisōrṇavat |
prāṇēnōdīrya tatrātha punaḥ saṃvēśayēt svaram || 9.34 ||

ēvaṃ praṇavasamyuktaṃ prāṇamēva samabhyasēt |
daśakṛtvastriṣavaṇaṃ māsādarvāg jitānilaḥ || 9.35 ||

hr̥tpuṇḍarīkamantaḥsthamūrdhvanālamadhōmukham |
dhyātvōrdhvamukhamunnidramaṣṭapatraṃ sakarṇikam || 9.36 ||

karṇikāyāṃ nyasēt sūryasōmāgnīnuttarōttaram |
vahnimadhyē smarēd rūpaṃ mamaitad dhyānamaṅgalam || 9.37 ||

samaṃ praśāntaṃ sumukhaṃ dīrghacārucaturbhujam |
sucārusundaragrīvaṃ sukapōlaṃ śucismitam || 9.38 ||

samānakarṇavinyasta sphuranmakarakuṇḍalam |
hēmāmbaram ghanaśyāmaṃ śrīvatsaśrīnikētanam || 9.39 ||

śaṅkhacakraḡadāpadma vanamālāvibhūṣitam |
nūpurairvilasatpādaṃ kaustubhaprabhayā yutam || 9.40 ||

dyumatkirīṭakaṭaka kaṭisūtrāṅgadāyutam |
sarvāṅgasundaram hr̥dyam prasādasumukhēkṣaṇam |
sukumāramabhidhyāyēt sarvāṅgēṣu manō dadhat || 9.41 ||

indriyāṇīndriyārthēbhyō manasā'kr̥ṣya tanmanaḥ |
buddhyā sārathinā dhīraḥ praṇayēnmayi sarvataḥ || 9.42 ||

tat sarvavyāpakaṃ cittamākṛṣyaikaṭra dhārayēt |
nānyāni cintayēd bhūyaḥ susmitaṃ bhāvayēnmukham || 9.43 ||

tatra labdhapadaṃ cittamākṛṣya vyōmni dhārayēt |
tacca tyaktvā madārōhō na kiñcidapi cintayēt || 9.44 ||

ēvaṃ samāhitamatirmāmēvātmānamātmāni |
vicaṣṭē mayi sarvātman jyōtirjyōtiṣi saṃyutam || 9.45 ||

dhyānēnētthaṃ sutīvrēṇa yuñjatō yōginō manaḥ |
saṃyāsyatyāśu nirvāṇaṃ dravyajñānakriyābhramaḥ || 9.46 ||

|| iti uddhavagītāsu navamō'dhyāyaḥ samāptaḥ ||