

śrīḥ
śrīmatē rāmānujāya namaḥ
śrīmatē nigamāntamahādēśikāya namaḥ

॥ *śrīmannārāyaṇōpaniṣat* ॥

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with the blessings of
śrī raṅgarāmānuja mahādēśikan
His Holiness śrīmad āṇḍavan śrīraṅgam

śrīḥ
śrīmatē rāmānujāya namaḥ
śrīmatē niḡamāntamahādēśikāya namaḥ

॥ śrīmannārāyaṇōpaniṣat ॥

hariṃ ōm ॥

atha puruṣō ha vai nārāyaṇō'kāmayata prajāḥ sṛjēyēti ।

nārāyaṇātpraṇō jāyatē ।

manaḥ sarvēndriyāṇi ca ।

khaṃ vāyurjyōtirāpaḥ pṛthivī viśvāsya dhāriṇī ।

nārāyaṇādbrāhmā jāyatē ।

nārāyaṇādrūdrō jāyatē ।

nārāyaṇādindrō jāyatē ।

nārāyaṇātprajāpatayaḥ prajāyāntē ।

nārāyaṇāddvādaśādityā rudrā

vasavassarvāṇi ca chāndāḡsi ।

nārāyaṇādēva samūtpadyāntē ।

nārāyaṇē prāvartāntē ।

nārāyaṇē prālīyāntē ॥

ōm ॥

atha nityō nārāyaṇaḥ ।

brāhmā nārāyaṇaḥ ।

śivaścā' nārāyaṇaḥ |
śakraścā' nārāyaṇaḥ |
dyāvāpr̥thivyaḥ cā' nārāyaṇaḥ |
kālaścā' nārāyaṇaḥ |
diśaścā' nārāyaṇaḥ |
ūrdhvaścā' nārāyaṇaḥ |
adhaścā' nārāyaṇaḥ |
antar̥bahiścā' nārāyaṇaḥ |
nārāyaṇa ēvēdaḡ sarvaṃ |
yadbhūtaṃ yacca bhavyaṃ |
niṣkalō nirañjanō nirvikalpō nirākhyātaḥ śuddhō
dēva ēkō nārāyaṇaḥ |
na dvitīyō'sti kaścit |
ya ēvaṃ vēda |
sa viṣṇurēva bhavati sa viṣṇurēva bhavati ||
ōmityāgrē vyāharēt |
nama iti paścāt |
nārāyaṇāyētyūpariṣṭāt |
ōmityēkāḡṣaram |
nama iti dvē akṣarē |

nārāyaṇāyēti pañcākṣarāṇi |
ēadvai nārāyaṇasyāṣṭākṣaram paḍam |
yō ha vai nārāyaṇasyāṣṭākṣaram paḍamadhyēti |
anapabravassarvamāyurēti |
vindatē prājāp̄tyaḡ rāyaspōṣam gaup̄tyam |
tatō'mṛtatvamaśnutē tatō'mṛtatvamaśnuta iti |
ya ēvaṃ vēda ||

pratyagānandaṃ brahma puruṣam praṇavāsvarūpam |
akāra ukāra makāra iti |
tānēkadhā samabharattadētādōm̄iti |
yamuktvā mucyātē yōgī jaṇmaśaṃsārabandhanāt |
ōṃ namō nārāyaṇāyēti m̄antrōpāsakah |
vaikuṇṭhabhuvanalōkām gamiṣyati |
tadidaṃ param puṇḍarīkam vijñānaghanam |
tasmāttadidāvanmātram |
brahmaṇyō dēvākīputrō brahmaṇyō mādhusūdanōm |
sarvabhūtaśthamēkām nārāyaṇam |
kāraṇarūpamakāra pārabrahmōm |
ētadatharva śirōyō'dhītē prātaradhīyānō
rātrikṛtam pāpam nāśayati |

sāyamādhīyānō divasakṛtaṃ pāpāṃ nāśayati |
mādhyandināmādityābhimukhō'dhīyānaḥ
pañcapātakōpapātakātpramūcyatē |
sarva vēda pārāyaṇa puṇyaṃ labhatē |
nārāyaṇasāyujyamāvāpnōti nārāyaṇasāyujyamāvāpnōti |
ya ēvaṃ vēda |
ityūpaniṣat ||

|| iti śrīmannārāyaṇōpaniṣat samāptam ||