

śrīḥ
śrīmatē rāmānujāya namaḥ
śrīmatē nigamāntamahādēśikāya namaḥ

kṛṣṇayajurvēdīya
॥ *taittirīyōpaniṣat* ॥

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Sunder Kidāmbi
with the blessings of
śrī raṅgarāmānuja mahādēśikan
His Holiness śrīmad āṇḍavan śrīraṅgam

viṣayasūcī

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śrīḥ
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॥ śīkṣāvallī prathamā ॥

hari ō(4)m ॥

śaṃ nō mītraśśaṃ varuṇaḥ ।

śaṃ nō bhavatvaryamā ।

śaṃ na indrō brhaspatiḥ ।

śaṃ nō viṣṇururukramaḥ ।

namō brahmaṇē ।

namastē vāyō ।

tvamēva pratyakṣaṃ brahmāsi ।

tvāmēva pratyakṣaṃ brahmā vadiṣyāmi ।

ṛtaṃ vadiṣyāmi ।

satyaṃ vadiṣyāmi ।

tanmāmaṇu ।

tadvaktāramanavatu ।

avatu mām ।

avatu vaktāram ।

ōṃ śāntiśśāntiśśāntiḥ ॥ 1 ॥

satyaṃ vadiṣyāmi pañca ca ॥ 1 ॥

śīkṣām vyākhyāsyāmaḥ |
varṇassvaraḥ |
mātrā balam |
sāmā santānaḥ |
ityuktaśśīkṣādhyāyaḥ || 2 ||

śīkṣām pañca || 2 ||

saha nau yaśaḥ |
saha nau brāhmavarācasam |
athātassaḡhitāyā upaniṣadam vyākhyāsyāmaḥ |
pañcasvadhikāraṇēṣu |
adhilōkamadhijyautiṣamadhividyamadhi
prajāmadhyātmam |
tā mahāsaḡhitā ityācākṣatē |
athādhilōkam |
pṛthivī pūrvārūpam |
dyauruttārarūpam |
ākāśassandhiḥ || 3 ||

vāyūssandhānam |
ityādhilōkam |
athādhijyautiṣam |

agniḥ pūrvarūpam |
 āditya uttararūpam |
 āpassandhiḥ |
 vaidyutāssandhānam |
 ityādhijyaṭiṣam |
 athādhividyam |
 ācāryaḥ pūrvarūpam || 4 ||

antēvāsyuttararūpam |
 vidyā sandhiḥ |
 pravacanaḡ sandhānam |
 ityādhividyam |
 athādhiprajam |
 mātā pūrvarūpam |
 pitōttararūpam |
 prajā sandhiḥ |
 prajananaḡ sandhānam |
 ityadhīprajam || 5 ||

athādhyātmam |
 adharāhanuḥ pūrvarūpam |
 uttarāhanuruttararūpam |

vāksandhiḥ ।

jihvā sandhānam ।

ityadhyātmam ।

itīmā mahāsaṅghitāḥ ।

ya ēvamētā mahāsaṅghitā vyākhyātā vēda ।

sandhiyatē prajāyā paśubhiḥ ।

brahmavarcasēnānnādyēna suvargyēṇa lōkēna ॥ 6 ॥

sandhirācāryaḥ pūrvārūpamityadhiprajaṃ lōkēna ॥ 3 ॥

yaśchandāsāmṛṣabhō viśvarūpaḥ ।

chandōbhyō'dhyamṛtāthsambabhūva ।

sa mēndrō mēdhayā sprṇōtu ।

amṛtasya dēvadhāraṇō bhūyāsam ।

śarīraṃ mē vicārṣaṇam ।

jihvā mē madhumattamā ।

karnābhyāṃ bhūri viśrūvam ।

brahmaṇaḥ kōśō'si mēdhayāpihitāḥ ।

śrutaṃ mē gōpāya ।

āvahantī vitanvānā ॥ 7 ॥

kurvāṇā cīrāmātmanāḥ ।

vāsāḡsi mama gāvāśca ।

annapānē ca sarvadā |
 tatō mē śriyamāvaha |
 lōmaśaṃ paśubhissaha svāhā |
 āmāyantu brahmacāriṇassvāhā || 8 ||

[vimāyantu brahmacāriṇassvāhā |
 pramāyantu brahmacāriṇassvāhā |
 damāyantu brahmacāriṇassvāhā |
 śamāyantu brahmacāriṇassvāhā || 8 ||]

yaśō janē'sāni svāhā |
 śrēyāṇ vasyasō'sāni svāhā |
 taṃ tvā bhaga praviśāni svāhā |
 sa mā bhaga praviśa svāhā |
 tasminthsahasraśākhē |
 nibhagāhaṃ tvayi mṛjē svāhā |
 yathā''paḥ pravatā''yanti |
 yathā māsā aharjaram |
 ēvaṃ mām brāhmacāriṇaḥ |
 dhātaraṇyantu sarvatassvāhā |
 praṭivēśō'si pramābhāhi pramāpadyasva || 9 ||

viṭanvānā viśasvāhā sapta' ca || 4 ||

viṭanvānā śamāyantu brahmacāriṇassvāhā dhātārāyantu
sarvatassvāhaikam ca || 4 ||

bhūrbhuvassuvariti vā ētāstisrō vyāhṛtayaḥ |

tāsāmuhasmaitāṃ catūrtthīm |

māhācamasyaḥ pravēdayatē |

maha iti |

tat brahma |

sa ātmā |

aṅgānyanya dēvatāḥ |

bhūriti vā ayaṃ lōkaḥ |

bhuva ityantarikṣam |

suvarityasau lōkaḥ || 10 ||

maha ityādityaḥ |

ādityēna vāva sarvē lōkā mahīyantē |

bhūriti vā agniḥ |

bhuva iti vāyuh |

suvarityādityaḥ |

maha iti cāndramāḥ |

cāndramāsā vāva sarvāṇi jyōtīgṣi mahīyantē |

bhūriti vā ṛcaḥ |

bhuva itī sāmāni |
suvariti yajūḡṣi || 11 ||

maha itī brahma |
brahmaṇā vāva sarvē vēdā mahīyantē |
bhūriti vai prāṇaḥ |
bhuva ityāpāṇaḥ |
suvariti vyāṇaḥ |
maha ityannāṃ |
annēṇa vāva sarvē prāṇā mahīyantē |
tā vā ētāścataśraścaturdhā |
cataśraścataśrō vyāhṛtayaḥ |
tā yō vēdā |
sa vēda brahma |
sarvē'smai dēvā baḥimāvāhanti || 12 ||

asau lōkō yajūḡṣi vēda dvē ca || 5 ||

sa ya ēṣō'ntarhṛdaya ākāśaḥ |
tasminnayam puruṣō manōmayāḥ |
amṛtō hiraṇmayāḥ |
antārēṇa tālukē |
ya ēṣastanā ivāvalambātē |

sēndrayōṇiḥ |
 yatrāsau kēśāntō vivartatē |
 vyapōhya śīrṣakapālē |
 bhūrityagnau pratitiṣṭhati |
 bhuva iti vāyau || 13 ||

suvarityādityē |
 mahā iti brahmaṇi |
 āpnōti svārājyam |
 āpnōti manāśaspatim |
 vākpātiścakṣuṣpatiḥ |
 śrōtrāpatirvijñānāpatiḥ |
 ētattatō bhavati |
 ākāśa śārīraṃ brahma |
 satyātma prāṇārāmaṃ manā ānandam |
 śāntisamṛddhamṛtām |
 iti prācīnayōgyōpāsva || 14 ||

vāyāvamṛtamēkaṃ ca || 6 ||

pṛthivyāntarikṣaṃ dyaurdiśō'vāntaradiśāḥ |
 agnirvāyurādityaścandramā nakṣātrāṇi |
 āpa oṣādhayō vanaspatāya ākāśa ātmā |

ityādhībhūtam |

athādhyātmam |

prāṇō vyāṇō'pāna udānassāmānaḥ |

cakṣuśśrōtram manō vāk |

tvak carma māḡsagg snāvā'sthi majjā |

[cakṣuśśrōtram manō vāktvak |

carma māḡsagg snāvā'sthi majjā |]

ētaḍadhivīdhāya ṛṣiravōcat |

pāṅktaṃ vā idaḡ sarvaṃ |

pāṅktēnaiva pāṅktagḡ sprṇōtīti || 15 ||

sarvaṃekam ca || 7 ||

ōmiti brahma |

ōmitīdaḡ sarvaṃ |

ōmityētaḍānukṛti hasma vā apyōśrāvayētyāśrāvayanti |

ōmiti sāmāni gāyanti |

ōḡ sōmiti śastrāṇi śaḡsanti |

ōmityādhvāryuḥ prātigaram prātiḡṇāti |

ōmiti brahmā prasauti |

ōmityāḡnihōtramanujānāti |

ōmiti brāhmaṇaḥ pravaḥṣyannāha brahmōpāpnavānīti |
brahmaivōpāpnōti || 16 ||

ōṃ daśa || 8 ||

ṛtaṃ ca svādhyāyapravācanē ca |
satyaṃ ca svādhyāyapravācanē ca |
tapaśca svādhyāyapravācanē ca |
damaśca svādhyāyapravācanē ca |
śamaśca svādhyāyapravācanē ca |
agnayaśca svādhyāyapravācanē ca |
agnihōtraṃ ca svādhyāyapravācanē ca |
atithayaśca svādhyāyapravācanē ca |
mānuṣaṃ ca svādhyāyapravācanē ca |
prajā ca svādhyāyapravācanē ca |
prajanaśca svādhyāyapravācanē ca |
prajātiśca svādhyāyapravācanē ca |
satyamiti satyavacā rāthītarah |
tapa iti tapōnityaḥ paūruśiṣṭih |
svādhyāyapravācanē ēvēti nākō maudgalyah |
taddhi tapāstaddhi tapaḥ || 17 ||

prajā ca svādhyāyapravācanē ca ṣaṭca || 9 ||

aḥaṃ vṛkṣasya rērivā |
kīrtiḥ pṛṣṭhaṃ girēriḥ |
ūrdhvaḥ pavitrō vājinīva svamṛtāmasmi |
draviṇaḥ savārcasam |
sumēdhā amṛtōkṣitaḥ |
iti trīśāṅkōrvēdānuvaṇanam || 18 ||

ahaḥ ṣaṭ || 10 ||

vēdamanūcyācāryō'ntēvāsinamānuśāsti |
satyaṃ vada |
dharmaṃ cara |
svādhyāyānmaḥ pramadaḥ |
ācāryāya priyaṃ dhanamāhṛtya prajātantum
mā vyāvachchēthsīḥ |
satyānna pramāditavyam |
dharmānna pramāditavyam |
kuśālānna pramāditavyam |
bhūtyai na pramāditavyam |
svādhyāyapravacanābhyāṃ na pramāditavyam || 19 ||
dēvapitrākāryābhyāṃ na pramāditavyam |
mātrdēvō bhava |

pitṛdēvō bhava ।
ācāryādēvō bhava ।
atithidēvō bhava ।
yānyanavadyāni karmāni ।
tāni sēvitavyāni ।
nō itarāni ।
yānyasmākaḡ sucāritāni ।
tāni tvayōpāsyāni ॥ 20 ॥

nō itarāni ।
yē kē cāsmacchrēyāḡsō brāhmaṇāḥ ।
tēṣaṃ tvayā''sanēna praśvāsitaṃvyam ।
śraddhāyā dēyam ।
aśraddhāyā'dēyam ।
śriyā dēyam ।
hriyā dēyam ।
bhiyā dēyam ।
saṃvidā dēyam ।
atha yadi tē karmavicikithsā vā vṛttavicikithsā
vā syāt ॥ 21 ॥

yē tatra brāhmaṇāṣṣaṃmaṛśinaḥ |
yuktā āyuktāḥ |
alūkṣā dharmakāmāṣṣyuh |
yathā tē tatra vartēraṇ |
tathā tatra vartēthāḥ |
athābhyākhyātēṣu |
yē tatra brāhmaṇāṣṣaṃmaṛśinaḥ |
yuktā āyuktāḥ |
alūkṣā dharmakāmāṣṣyuh |
yathā tē tēṣu vartēraṇ |
tathā tēṣu vartēthāḥ |
ēṣā ādēśaḥ |
ēṣa upadēśaḥ |
ēṣā vēdōpaniṣat |
ētadānuśāsanam |
ēvamupāsitaṇvyam |
ēvamucaitadupāṣyam || 22 ||

svādhyāyapravacanābhyām na pramāditavyaṃ tāni
tvayōpāśyāni syāttēṣu vartēranthsapta ca || 11 ||

śaṃ nō mītraśśaṃ varuṇaḥ ।
śaṃ nō bhavatvaryaṃā ।
śaṃ na indrō bṛhaṣpatiḥ ।
śaṃ nō viṣṇururukraṃaḥ ।
namō brahmaṇē ।
namāstē vāyō ।
tvamēva praṭyakṣaṃ brahmāsi ।
tvāmēva praṭyakṣaṃ brahmāvādiṣaṃ ।
ṛtamāvādiṣaṃ ।
saṭyamāvādiṣaṃ ।
tanmāmāvīt ।
tadvaktārāmāvīt ।
āvīnmām ।
āvīdvaktārām ।
ōṃ śāntiśśāntiśśāntiḥ ॥ 23 ॥

saṭyamāvādiṣaṃ pañca' ca ॥ 12 ॥

saṃ naśśikṣāḡ saḥa nau yaśchandaśaṃ bhūssayaḥ pṛthivyōmityṛtaṃ
cāhaṃ vēdamanūcya śaṃ nō dvādaśa ॥ 12 ॥

śaṃ nō maḥa ityādityō nō itarāṇi trayōviḡsatīḥ ॥ 23 ॥

śaṃ nō mītraśśaṃ varuṇaḥ ।
śaṃ nō bhavatvaryaṃā ।
śaṃ na indrō bṛhaṣpatiḥ ।
śaṃ nō viṣṇururukraṃaḥ ।
namō brahmaṇē ।
namāstē vāyō ।
tvamēva praṭyakṣaṃ brahmāsi ।
tvāmēva praṭyakṣaṃ brahmā vadiṣyāmi ।
ṛtaṃ vadiṣyāmi ।
saṭyaṃ vadiṣyāmi ।
tanmāmaṇvatu ।
tadvaktārāmaṇvatu ।
avātu mām ।
avātu vaktārām ।
ōṃ sāntiśśāntiśśāntiḥ ॥

॥ iti śīkṣāvallī samāptā ॥

śrīḥ
śrīmatē rāmānujāya namaḥ
śrīmatē nigamāntamahādēśikāya namaḥ

॥ *brahmānandavallī dvitīyā* ॥

hariḥ ō(4)m ।
saḥa nāvavatu ।
saḥa nau bhunaktu ।
saḥa vīryaṁ karavāvahai ।
tējasvināvadhītamastu mā vidviṣāvahai ।
ōṁ śāntiśśāntiśśāntiḥ ॥

saḥa pañcā ॥ 1 ॥

brahmaṁ vidāpnōti param ।
tadēśābhyuktā ।
satyaṁ jñānamānantaṁ brahma ।
yō veda nihitaṁ guhāyāṁ paramē vyōmaṁ ।
sō'snutē sarvān kāmānthsaha ।
brahmaṇā vipāścitēti ।
tasmādvā ētasmādātmanā ākāśasambhūtaḥ ।
ākāśādvāyuh ।
vāyōraṁniḥ ।
agnērāpaḥ ।

adbhyaḥ pṛthivī |
pṛthivyā oṣādhayaḥ |
oṣādhībhyōnnām |
annāt puruṣaḥ |
sa vā ēṣa puruṣō'nnārasamayāḥ |
tasyēdamēva śiraḥ |
ayaṁ dakṣiṇaḥ pakṣaḥ |
ayamuttaraḥ pakṣaḥ |
ayamātmā |
idaṁ pucchāṁ pratiṣṭhā |
tadapyēṣa ślōkō bhavati || 1 ||

annādvai prajāḥ prajāyantē |
yāḥ kāścā pṛthivīg śritāḥ |
athō annēnaiiva jīvanti |
athainādapīyantantataḥ |
annaḡ hi bhūtānāṁ jyēṣṭhām |
tasmāthsarvauṣadhamūcyatē |
sarvaṁ vai tē'nnāmāpnuvanti |
yē'nnāṁ brahmōpāsātē |
annaḡ hi bhūtānāṁ jyēṣṭhām |

tasmā["]tsarvauṣadhamūcyatē |
annā["]dbhūtāni jāyāntē |
jātānyannēna vardhantē |
adyatē'tti cā bhūtāni |
tasmādannam taducyāta iti |
tasmādvā ētasmādannārasamayāt |
anyō'ntara ātmā["] prāṇamayah |
tēnaiṣa pūrṇah |
sa vā ēṣa puruṣavidha ēva |
tasya puruṣavidhatām |
anvayaṁ puruṣavidhah |
tasya prāṇa ēva śirah |
vyānō dakṣiṇah pakṣah |
apāna uttārah pakṣah |
ākāśa ātmā |
pṛthivī pucchaṁ pratiṣṭhā |
tadapyēṣa ślōkō bhavati || 2 ||

prāṇam dēvā anuprāṇanti |
maṇuṣyā["]ḥ paśavaśca yē |
prāṇō hi bhūtānāmāyuh |

tasmāthsarvāyūṣamūcyatē |
sarvāmēva ta āyūryanti |
yē prāṇaṁ brahmōpāsātē |
prāṇō hi bhūtānāmāyuh |
tasmāthsarvāyūṣamucyāta iti |
tasyaiṣa ēva śārīra ātmā |
yāḥ pūrvasya |
tasmādvā ētasmāt prāṇamayāt |
anyō'ntara ātmā manōmayah |
tēnaiṣa pūrṇah |
sa vā ēṣa puruṣavidha ēva |
tasya puruṣavidhatām |
anvayaṁ puruṣavidhaḥ |
tasya yajurēva śiraḥ |
ṛgdakṣiṇaḥ pakṣaḥ |
sāmōttaraḥ pakṣaḥ |
ādēśa ātmā |
atharvāṅgiraṣaḥ pucchāṁ pratiṣṭhā |
tadapyēṣa ślōkō bhavati || 3 ||

yatō vācō nivārtantē |
aprāpya manāsā saha |
ānandaṃ brahmaṇō vidvāṇ |
na bibhēti kadācanēti |
tasyaiṣa ēva śārīra ātmā |
yaḥ pūrvasya |
tasmādvā ētasmānmanōmayāt |
anyō'ntara ātmā vijñānamayaḥ |
tēnaiṣa pūrṇaḥ |
sa vā ēṣa puruṣavidha ēva |
tasya puruṣavidhatām |
anvayaṃ puruṣavidhaḥ |
tasya śrāddhaiva śiraḥ |
ṛtaṃ dakṣiṇaḥ pakṣaḥ |
satyamuttaraḥ pakṣaḥ |
yōga ātmā |
mahaḥ pucchāṃ pratiṣṭhā |
tadapyēṣa ślōkō bhavati || 4 ||

vijñānaṃ yajñaṃ tānutē |
karmāṇi tanutē'pi ca |

vijñānaṃ dēvāssarvēḥ |
brahma jyēṣṭhamupāsātē |
vijñānaṃ brahma cēdvēdaḥ |
tasmāccēna pramādyati |
śarīrē pāpmanō hitvā |
sarvān kāmānthsamaśnuta iti |
tasyaiṣa ēva śārīra ātmā |
yaḥ pūrvasya |
tasmādvā ētasmādvijñānamayāt |
anyō'ntara ātmā'nandamayah |
tēnaiṣa pūrṇah |
sa vā ēṣa puruṣavidha ēva |
tasya puruṣavidhatām |
anvayaṃ puruṣavidhaḥ |
tasya priyamēva śirah |
mōdō dakṣiṇah pakṣah |
pramōda uttārah pakṣah |
ānanda ātmā |
brahma pucchāṃ pratiṣṭhā |
tadapyēṣa ślōkō bhavati || 5 ||

asānnēva sa bhavati |
asadbrahmēti vēda cēt |
asti brahmēti cēdvēda |
santamēnaṁ tatō viduriti |
tasyaiṣa ēva śārīra ātmā |
yaḥ pūrvasya |
athātō'nu praśnāḥ |
utāvidvānaṁ lōkaṁ prētya |
kaścāna gacchatī(3) |
āhō vidvānaṁ lōkaṁ prētya |
kaścītsamaśnutā(3) u |
sō'kāmayata |
bahusyāṁ prajāyēyēti |
sa tapō'tapyata |
sa tapāstaptvā |
idaṁ sarvāmasṛjata |
yadidaṁ kiṁ ca |
tathsrṣṭvā |
tadēvānuprāviśat |
tadānuprāviśya |
saccatyaccābhavat |

niruktaṃ cāniruktaṃ ca |
nīlayānaṃ cānīlayanaṃ ca |
vijñānaṃ cāvijñānaṃ ca |
satyaṃ cāṇṛtaṃ ca sātyaṃ abhavat |
yadidaṃ kiṃ ca |
tathsatyamityācākṣatē |
tadapyēṣa ślōkō bhavati || 6 ||

aśadvā idamagrā āsīt |
tatō vai sadājāyata |
tadātmānagg svayāmakuruta |
tasmāt tatsukṛtamucyāta iti |
yadvai tathasukṛtam |
rāsō vai saḥ |
rasagg hyēvāyaṃ labdhvā''nāndī bhavati |
kō hyēvānyāt kaḥ prāṇyāt |
yadēṣa ākāśa ānāndō na syāt |
ēṣa hyēvānāndayāti |
yadā hyēvaiṣa ētasminnadṛśyē'nātmyē -
niruktēnilayanēbhayaṃ pratiṣṭhāṃ vīndatē |
atha sō'bhayaṃ gātō bhavati |

yadā hyēvaiṣa ētasminnudaramantāraṃ kurutē |
atha tasya bhayaṃ bhavati |
tatvēva bhayaṃ viduṣō'mānvānasya |
tadapyēṣa ślōkō bhavati || 7 ||

bhīṣā'smādvātaḥ pavatē |
bhīṣōdēti sūryaḥ |
bhīṣā'smādagniścēndraśca |
mr̥tyurdhāvati pañcama iti |
saiṣā'nandasya mīmāṃsā bhavati |
yuvā syāthsādhu yuvādhyāyakaḥ |
āśiṣṭhō dr̥dhiṣṭhō baliṣṭhaḥ |
tasyēyaṃ pṛthivī sarvā vittasya pūrṇāsyāt |
sa ēkō mānuṣā ānandaḥ |
śrōtriyasya cākāmāhatasya |
~~śrōtriyasya cākāmāhatasya |~~
tē yē śataṃ mānuṣā ānandāḥ |
sa ēkō manuṣyagandharvāṇāmānandaḥ |
śrōtriyasya cākāmāhatasya |
tē yē śataṃ manuṣyagandharvāṇāmānandāḥ |
sa ēkō dēvagandharvāṇāmānandaḥ |

śrōtriyasya cākāmāhatasya ।
tē yē śataṃ dēvagandharvāṇāmānandāḥ ।
sa ēkaḥ pitṛṇāṃ ciralōkalōkānāmānandāḥ ।
śrōtriyasya cākāmāhatasya ।
tē yē śataṃ pitṛṇāṃ ciralōkalōkānāmānandāḥ ।
sa ēka ājānājānāṃ dēvānāmānandāḥ ।
śrōtriyasya cākāmāhatasya ।
tē yē śatamājānājānāṃ dēvānāmānandāḥ ।
sa ēkaḥ karmadēvānāṃ dēvānāmānandāḥ ।
yē karmaṇā dēvānāpiyanti ।
śrōtriyasya cākāmāhatasya ।
tē yē śataṃ karmadēvānāṃ dēvānāmānandāḥ ।
sa ēkō dēvānāmānandāḥ ।
śrōtriyasya cākāmāhatasya ।
tē yē śataṃ dēvānāmānandāḥ ।
sa ēka indrāsyānandāḥ ।
śrōtriyasya cākāmāhatasya ।
tē yē śatamindrāsyānandāḥ ।
sa ēkō bṛhaspatērānandāḥ ।
śrōtriyasya cākāmāhatasya ।
tē yē śataṃ bṛhaspatērānandāḥ ।

sa ēkaḥ prajāpatērānandaḥ ।
śrōtriyasya cākāmāhatasya ।
tē yē śataṃ prajāpatērānandāḥ ।
sa ēkō brahmaṇā ānandaḥ ।
śrōtriyasya cākāmāhatasya ।
sa yaścāyaṃ puruṣē ।
yaścāsāvādityē ।
sa ēkaḥ ।
sa yā evaṃvit ।
asmāllōkāṭ prētya ।
ētamannamayamātmānamupāsaṅkrāmati ।
ētaṃ prāṇamayamātmānamupāsaṅkrāmati ।
ētaṃ manōmayamātmānamupāsaṅkrāmati ।
ētaṃ vijñānamayamātmānamupāsaṅkrāmati ।
ētamānandamayamātmānamupāsaṅkrāmati ।
tadapyēṣa ślōkō bhavati ॥ 8 ॥

yatō vācō nivārtantē ।
aprāpya manāsā saha ।
ānandaṃ brahmaṇō vidvāṇ ।
na bibhēti kutaścanēti ।

ētaḡ ha vāvā' na taṭpati |
kimahaḡ sādhu' nākaṭavam |
kimahaṃ pāpamakarāvamiti |
sa ya ēvaṃ vidvānētē ātmānagg sprṇutē |
ubhē hyēvaiṣa ētē ātmānagg sprṇutē |
ya ēvaṃ vēda' |
ityūpaṇiṣat || 9 ||

saha nāvavatu |
saha nau' bhunaktu |
saha vīryaṃ karavāvahai |
tējasvināvadhītamastu mā vidviṣāvahai |
ōṃ śāntiśśāntiśśāntiḥ ||

brahmaṃvididamayamidamēkaṃviḡśatiḥ |
annādannārasamayātpṛaṇō vyānō'pāna ākāśaḥ pṛthivī
pucchaḡ ṣaḍviḡśatiḥ |
pṛaṇaṃ pṛaṇamayātmānō yajuṛṛksāmādēśō'tharvāṅgirasah
pucchaṃ dvāviḡśatiḥ |
yataśśraddhartaḡ satyaṃ yōgō mahō'sṭādaśa |
vijñānaṃ priyaṃ mōdaḥ pramōda ānandō brahma pucchaṃ
dvāviḡśatiḥ |
asānnēvāthāṣṭāviḡśatiḥ |
asathṣōḍaśa |
bhīṣā'smānmānuṣō manuṣyagandharvāṇāṃ dēvagandharvāṇāṃ

pitṛṇāṃ ciralōkalōkānāmājānāṇāṃ yē karmaṇā
dēvānāmindrasya br̥haspatēḥ prajāpatērbrahmaṇassa yaśca'
saṅkrāmatyēkāpañcāśat |
yataḥ kutāścaṇaitamēkādaśaḥ navā || 9 ||

|| *iti brahmānandavallī samāptā* ||

śrīḥ
śrīmatē rāmānujāya namaḥ
śrīmatē nigamāntamahādēśikāya namaḥ

॥ bhṛguvallī tṛtīyā ॥

hariḥ ō(4)m ।
saḥa nāvavatu ।
saḥa nau bhunaktu ।
saḥa vīryaṃ karavāvahai ।
tējasvināvadhītamastu mā vidviṣāvahai ॥
ōṃ śāntiśśāntiśśāntiḥ ॥

bhṛgurvai vāruṇiḥ ।
varuṇaṃ pitāramupāsasāra ।
adhīhi bhagavō brahmēti ।
tasmā ētat prōvāca ।
annaṃ prāṇaṃ cakṣuśśrōtraṃ manō vācamiti ।
taḡ hōvāca ।
yatō vā imāni bhūtāni jāyāntē ।
yēna jātāni jīvānti ।
yat prayāntyabhisamviśanti ।
tadvijijñāsasva ।
tadbrahmēti ।

sa tapō'tapyata ।

sa tapāstaptvā ॥ 1 ॥

annaṃ brahmēti vyajānāt ।

annādhyēva khalvimāni bhūtāni jāyantē ।

annēna jātāni jīvanti ।

annaṃ prayantyaabhisamviśantīti ।

tadvijñāya ।

punārēva varuṇaṃ pitāramupāsasāra ।

adhīhi bhagavō brahmēti ।

tag hōvāca ।

tapāsā brahma vijijñāsasva ।

tapō brahmēti ।

sa tapō'tapyata ।

sa tapāstaptvā ॥ 2 ॥

prāṇō brahmēti vyajānāt ।

prāṇādhyēva khalvimāni bhūtāni jāyantē ।

prāṇēna jātāni jīvanti ।

prāṇaṃ prayantyaabhisamviśantīti ।

tadvijñāya ।

punārēva varuṇaṃ pitāramupāsasāra ।

adhīhi bhagavō brahmēti |
taḡ hōvāca |
tapāsā brahma vijijñāsasva |
tapō brahmēti |
sa tapō'tapyata |
sa tapāstaptvā || 3 ||

manō brahmēti vyajānāt |
manāsō hyēva khalvimāni bhūtāni jāyantē |
manāsā jātāni jīvanti |
manaḥ prayantyabhisamviśantīti |
tadvijñāya |
punārēva varuṇaṃ pitāramupāsasāra |
adhīhi bhagavō brahmēti |
taḡ hōvāca |
tapāsā brahma vijijñāsasva |
tapō brahmēti |
sa tapō'tapyata |
sa tapāstaptvā || 4 ||

vijñānaṃ brahmēti vyajānāt |
vijñānādhyēva khalvimāni bhūtāni jāyantē |

vijñānēna jātāni jīvanti |
vijñānaṃ prayāntya abhisamviśantīti |
tadvijñāya |
punarēva varuṇaṃ pitāramupāsasāra |
adhīhi bhagavō brahmēti |
taḡ hōvāca |
tapāsā brahma vijijñāsasva |
tapō brahmēti |
sa tapō'tapyata |
sa tapāstaptvā || 5 ||

ānandō brahmēti vyājānāt |
ānandādhyēva khalvimāni bhūtāni jāyantē |
ānandēna jātāni jīvanti |
ānandaṃ prayāntya abhisamviśantīti |
saiṣā bhārgavīvāruṇīvidyā |
paramē vyōmaṇ pratiṣṭhitā |
ya ēvaṃ vēda pratitiṣṭhati |
annāvānannādō bhāvati |
mahān bhāvati prajayā paśubhirbrahmavarcaśēnā |
mahān kīrtyā || 6 ||

annaṃ na nindyāt |
tad vrātaṃ |
prāṇō vā annāṃ |
śarīramannādam |
prāṇē śarīraṃ pratiṣṭhitam |
śarīrē prāṇaḥ pratiṣṭhitāḥ |
tadētadannaṃmannē pratiṣṭhitam |
sa ya ētadannaṃmannē pratiṣṭhitam vedaḥ pratitiṣṭhati |
annāvānannādō bhāvati |
mahān bhāvati prajāyā paśubhirbrahmavarcaśēnā |
mahān kīrtyā || 7 ||

annaṃ na paricakṣīta |
tad vrātaṃ |
āpō vā annāṃ |
jyōtirannādam |
apsu jyōtiḥ pratiṣṭhitam |
jyōtiṣyāpaḥ pratiṣṭhitāḥ |
tadētadannaṃmannē pratiṣṭhitam |
sa ya ētadannaṃmannē pratiṣṭhitam vedaḥ pratitiṣṭhati |
annāvānannādō bhāvati |

maḥān bhāvati prajayā paśubhirbrahmavarcaśēnā |
maḥān kīrtyā || 8 ||

annam bahukurvīta |
tad vrātam |
pṛthivī vā annam |
ākāśō'nnādaḥ |
pṛthivyāmākāśaḥ pratiṣṭhitaḥ |
ākāśē pṛthivī pratiṣṭhitā |
tadētaḍannamannē pratiṣṭhitam |
sa ya ētaḍannamannē pratiṣṭhitam vedaḥ pratīṣṭhati |
annāvānannādō bhāvati |
maḥān bhāvati prajayā paśubhirbrahmavarcaśēnā |
maḥān kīrtyā || 9 ||

na kañcana vasatau pratyācakṣīta |
tad vrātam |
tasmādyayā kayā ca vidhayā bahvānam prāpnuyāt |
arādhyasmā annamityācakṣatē |
ēadvai mukhatō'naḥ rāddham |
mukhatō'smā ānaḥ rādhyatē |
ēadvai madhyatō'naḥ rāddham |

madhyatō'smā ā'annaḡ rādhyatē |
 ētadvā antatō''nnaḡ rāddham |
 antatō'smā ā'annaḡ rādhyatē |
 ya ēvaṃ vēda |
 kṣēma iti vāci |
 yōgakṣēma iti prāṇāpānayōḥ |
 karmēti haṣṭayōḥ |
 gātiriti pādāyōḥ |
 vimuktiriti pāyau |
 iti mānuṣṣissamājñāḥ |
 atha daivīḥ |
 tṛptiriti vṛṣṭau |
 balamiti vidyuti |
 yaśa iti paśuṣu |
 jyōtiriti nākṣatrēṣu |
 prajātiramṛtamānanda ityupāsthē |
 sarvamityākāśē |
 tat pratiṣṭhētyupāsīta |
 pratiṣṭhāvān bhavati |
 tanmaha ityupāsīta |
 māvān bhavati |

tanmana ityupāsīta |
 mānavān bhavati |
 tannama ityupāsīta |
 namyantē'smai kāmāḥ |
 tad brahmētyupāsīta |
 brahmāvān bhavati |
 tad brahmaṇaḥ parimara ityupāsīta |
 paryēṇaṃ mriyantē dviṣantāssapatnāḥ |
 pariyē'priyā bhrātṛvyāḥ |
 sa yaścāyaṃ puruṣē |
 yaścāsāvādityē |
 sa ēkaḥ |
 sa ya ēvaṃ vit |
 asmāllōkāt prētya |
 ētamannamayamātmānamupāsaṅkrāmya |
 ētaṃ prāṇamayamātmānamupāsaṅkrāmya |
 ētaṃ manōmayamātmānamupāsaṅkrāmya |
 ētaṃ vijñānamayamātmānamupāsaṅkrāmya |
 ētamānandamayamātmānamupāsaṅkrāmya |
 imān lōkān kāmānnīkāmarūpyānusañcaraṇ |
 ētathsāmagāyannāstē |

hā(3) vụ hā(3) vụ hā(3) vụ |
 ahamannamāhamannamāhamannam |
 ahamannādō(2)'hamannādō(2)'hamannādaḥ |
 ahagg ślōkaḥ kṛdahagg ślōkaḥ kṛdahagg ślōkakṛt |
 ahamasmi prathamajā ṛtā(3) sya |
 pūrvam dēvēbhyō amṛtasya nā(3) bhāyi |
 yō mā dadāti sa idēva mā(3) vāḥ |
 ahamannaṁmannāmadantamā(3) dmi |
 aham viśvam bhuvānamabhyābhavām |
 suvarṇa jyōtiḥ |
 ya ēvam vēda |
 ityūpaṇiṣat || 10 ||

saha nāvavatu |
 saha nau bhunaktu |
 saha vīryam karavāvahai |
 tējasvināvadhītamastu mā vidviṣāvahai ||
 om śāntiśśāntiśśāntiḥ ||

bhṛgustasmai yatō viśanti tadvijijñāsasva tattrayōdaśānnam
 prāṇō manō vijñānamiti vijñāya tam tapasā dvādaśa
 dvādaśā''nanda iti saiśa daśā'nnam na
 nindyātprāṇaśśarīramannaṁ na paricakṣītā''pō jyōtirannaṁ

bāhukūrvīta pṛthivṛyākāśa ēkādaśaikādaśa na
kañcanaikāṣaṣṭidaśa || 10 ||

|| *iti bhṛguvallī samāptā* ||